# Wellness Committee Agenda November 2, 2021; 3:00-4:00 pm District Office - BOE Room

Attendees
Absent:

## Wellness Challenges -

#### Discussion:

- <u>Challenge</u>
- Timeframe & Goal
- Award Format
- Awards

Decision:

Survey Results (responses)

Discussion:

• PD Idea

Decision:

Upcoming Meeting Dates -

### Discussion:

- November 16 at 3:00 pm Quick Check-in
- January 25, 2022 at 3:00 pm
- March 22, 2022 at 3:00 pm

#### Decision:

Task	Point Person	Deadline
Wellness Challenge - Kindness Theme; 7,500 steps/day or 50,000 steps/week = 1 raffle ticket	Chapman	11/29-12/20 Prizes will be Chamber gift cards