APRIL 2019

K-12 Breakfast Menu

Regular Price\$1.50/\$1.75/\$2.00 Reduced Price-\$0.30 Adult-\$2.50

Monday **Tuesday** Wednesday **Thursday Friday** Ham, Egg, & Cheese Chicken Sausage *New Item* Fruit & Granola Or Egg, & Cheese WG Baked Cinnamon WG Muffin **Parfaits** Egg & Cheese Rolls Fruit & 100% Juice On WW Croissant 100% Juice On WG Bagel Fruit & 100% Juice Fruit & 100% Juice Milk Fruit & 100% Juice Milk Milk Milk Milk Ham, Egg, & Cheese 8 Chicken Bacon. Fruit & Granola WG Baked Cinnamon Or WG Muffin Egg, & Cheese **Parfaits** Rolls Egg & Cheese Fruit & 100% Juice **On WW Croissant** Fruit & 100% Juice 100% Juice On WG Bagel Milk Fruit & 100% Juice Fruit & 100% Juice Milk Milk Milk Milk 15 16 18 17 **Spring Recess Spring Recess Spring Recess** Spring Recess Spring Recess No School No School No School No School No School 22 Ham, Egg, & Cheese 25 Chicken Sausage 25 Fruit & Granola WG Baked Cinnamon Or WG Muffin Egg, & Cheese Rolls **Parfaits** Egg & Cheese Fruit & 100% Juice On WW Croissant Fruit & 100% Juice 100% Juice On WG Bagel Fruit & 100% Juice Milk Fruit & 100% Juice Milk Milk Milk Milk 29 Chicken Bacon, 30 **WG Muffin** Egg, & Cheese Fruit & 100% Juice On WW Croissant Fruit & 100% Juice Milk Milk

- All breakfast meals include: 2 oz whole grains, ½ cup fruit & ½ cup 100% juice, and 8 fl oz low fat or fat-free milk
- Additional daily offerings change and may include: cereal, muffins, assorted whole grain pastries or breads
- Applications for free and reduced price meals may be submitted at any time during the school year!
- Contact Becky Fowler, Director of Food Services at becky.fowler@stoningtonschools.org with any questions or concerns