



FEBRUARY STONINGTON HIGH MENU

Breakfast: \$2.00
Reduced Price: \$0.30
Lunch: \$3.25
Reduced Price: \$0.40

*Alternate Lunch
Options Available
Daily!*

- DAILY BREAKFAST CHOICES -

Monday

Hot Breakfast
Sandwich
Assorted Baked
Goods
Chef's Choice

Tuesday

Hot Breakfast
Sandwich
Assorted Baked Goods
Pancakes
Chef's Choice

Wednesday

Hot Breakfast
Sandwich
Assorted Baked
Goods
Chef's Choice

Thursday

Hot Breakfast
Sandwich
Assorted Baked Goods
Yogurt Parfait
Chef's Choice

Friday

Hot Breakfast
Sandwich
Assorted Baked
Goods
Chef's Choice

1/30

**Mac 'n' Cheese w/
Buffalo Chicken**
Tater Tots
Fruit of the Day/Juice

1/31

Beef Tacos
Black Beans
Lettuce & Salsa
Fruit of the Day/Juice

2/01

Meatball Sub
Fries or Wedges
Garden Salad
Fruit of the Day/Juice

2/02

**General Tso's
Chicken**
Veggie "Fried" Rice
California Blend
Veggies
Fruit of the Day/Juice

2/03

Choice of Pizza
Assorted Veggie
Dippers
Hummus
Fruit of the Day/Juice

2/06

Mozzarella Sticks
w/ marinara sauce
Fries/Wedges
Fruit of the Day/Juice

2/07

**Fajita Chicken
Nachos**
Refried Beans
Salsa & Lettuce
Fruit of the Day/Juice

2/08

Brunch for Lunch!
French Toast Sticks
Egg OR Sausage
Patty
Hashbrown
Fruit of the Day/Juice

2/09

**BBQ Pulled Pork
Sandwich**
Steamed Veggie
Medley
Fruit of the Day/Juice

2/10

Choice of Pizza
Assorted Veggie
Dippers
Hummus
Fruit of the Day/Juice

2/13

Cheese Ravioli
w/ marinara sauce
Crisp Romaine Salad
Fruit of the Day/Juice

2/14

Cheese Quesadilla
Black Beans
Salsa & Lettuce
Fruit of the Day/Juice

2/15

Rodeo Burger
Fries/Wedges
Green Beans
Fruit of the Day/Juice

2/16

Chicken Tenders
w/ Dinner Roll
Mashed Potatoes
Corn
Fruit of the Day/Juice

2/17

Choice of Pizza
Assorted Veggie
Dippers
Hummus
Fruit of the Day/Juice

*No
School*

2/21

Brunch for Lunch!
Pancakes
Egg OR Sausage Patty
Hashbrown
Fruit of the Day/Juice

2/22

**Chicken Parmesan
Sandwich**
Fries/Wedges
Roasted Chickpeas
Fruit of the Day/Juice

2/23

Teriyaki Chicken
Veggie "Fried" Rice
Steamed Broccoli
& Carrots
Fruit of the Day/Juice

2/24

Choice of Pizza
Assorted Veggie
Dippers
Hummus
Fruit of the Day/Juice

SPS FOOD SERVICES



HIGH SCHOOL

BREAKFAST MEALS

INCLUDE 2 OZ WHOLE GRAINS, ½ CUP
FRUIT, ½ CUP 100% JUICE, AND 1 CUP
LOW FAT MILK

LUNCH MEALS

INCLUDE 2 OZ PROTEIN, 2 OZ WHOLE
GRAINS, FRUIT, VEGETABLE, AND 1
CUP FAT-FREE FLAVORED OR 1% MILK

Daily Pasta Bar & Deli

-Entrée Salads -Parfaits
-Assorted deli sandwiches

Daily Grill

• Regular/Spicy Chicken Sandwich • Pizza
• Cheeseburger • Grilled Cheese

DIETARY MODIFICATIONS

WE WORK WITH FAMILIES ON A VARIETY
OF DIETARY MODIFICATIONS INCLUDING
VEGETARIAN, GLUTEN FREE, DAIRY
FREE AND MORE!



CONTACT
STEPHANIE.DEASON
@STONINGTONSCHOOLS.ORG
TO MAKE ARRANGEMENTS OR
FOR ANY FOOD SERVICES
RELATED NEEDS!

FREE & REDUCED PRICE MEAL ELIGIBILITY

If you receive SNAP benefits or HUSKY you may already be
directly certified through the state for free or reduced price
meals. Check your primary school contact email for a
notification letter by searching your mailbox for
"School meals eligibility."

If you think you may qualify please submit a free/reduced
price meal application which may be obtained on our
website or at the school's office.

ONLINE PORTAL:

<https://stonington.familyportal.cloud/>

Online payments, review
purchases, and more!



[HTTPS://WWW.STONINGTONSCHOOLS.ORG/DEPARTMENTS/FOOD-SERVICES](https://www.stoningtonschools.org/departments/food-services)

MENU IS SUBJECT TO CHANGE WITHOUT NOTICE

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER



spsfoodservices



<https://www.facebook.com/SPSFoodServices>