## JUNE 2019 Deans Mill & West Vine

Student Price-\$2.90 Reduced Price-\$0.40 Adult Price-\$4.00

feeding sites for kids? Go to:

<u>https://www.fns.usda.gov/summerfoodrocks</u>
to find a location near you!

**Monday Tuesday** Wednesday **Thursday Friday** Brunch for Lunch Homemade Cheese or Meatless Monday **Chicken Tenders Hot Dogs Pancakes** Veggie Pizza Seasoned Rice or On WW Bun Mozzarella Twisted Breadstick **Egg Patty** Oven Fries **Romaine Salad Marinara Sauce Cheesy Broccoli Rice** Chicken Bacon or Chicken Sausage Seasoned Broccoli **Seasoned Carrots Baked Beans Cucumber Dippers Hash Brown Patties Apple Slices** Fresh Watermelon Grapes **Frozen Blueberries** ... 100% Juice 10 Chicken Patty Sandwiches Chef's Choice Lunch 12 Chef's Choice Lunch 13 Chef's Choice Lunch14 Meatless Monday Mozzarella Sticks Whole Grain Whole Grain Whole Grain On WW Bun Marinara Sauce **Protein** Protein Protein **Smiley Fries** Seasoned Broccoli **Baked Beans** Fruit & Vegetable Fruit & Vegetable Fruit & Vegetable **Garlic Knot** Sidekicks 100% Frozen Juice Milk Choice 100% Juice Milk Choice Milk Choice 17 18 19 20 21 Have & awesome summer an 26 24 in the Fall! See you Looking for more information on summer

- All daily and alternative meals include a minimum of 2 oz protein, 2 oz whole grains, 1 Cup fruit, 1 Cup vegetable, and 8 fl oz fat-free flavored milk or 1% unflavored milk
- Available daily: PB&J, PB&Fluff, Deli Sandwiches, Bone Builder Yogurt Plate, or Munchables
- Menu subject to change as needed without notice.
- Applications for free and reduced meals can be submitted at any time during the school year!
- WG=Whole Grain, WW=Whole Wheat
- Please contact Becky Fowler, Director of School Nutrition, becky.fowler@stoningtonschools.org or (860) 599-0766 with any questions or concerns