SEPTEMBER 2019

Student Price-\$3.25 Reduced Price-\$0.40 Adult Price-\$4.00

Stonington High School

	Monday	Tuesday	Wednesday	Thursday	Friday
	Labor Day No School	Chicken Patty Sandwich On WW Bun Oven Fries Lettuce & Tomato Apples 100% Frozen Juice Cup	Mozzarella Sticks Marinara Sauce Garlic & Herb Breadstick Seasoned Broccoli Apples 100% Juice	Boneless Wings Garlic Knot Roasted Ranch Potato Wedges Carrots & Celery Sticks Fresh Berry Cups 100% Juice	Homemade Pizza Sweet Potato Fries Cucumber Dippers Fresh Strawberries with Whipped Topping 100% Juice
	Italian Combo California Blend Vegetables Crisp Romaine Salad Garlic & Herb Breadstick Fruit Cocktail 100% Juice	WW Tortilla Seasoned Beef or Fajita Chicken Cheddar Cheese Sauce Brown Rice Refried Beans Salsa & Lettuce Watermelon Slices & 100% Juice	Pancakes or French Toast Sticks Hash Brown Cinnamon Carrots Chicken Sausage or Bacon Egg Patty Sliced Melon & 100% Juice	Popcorn Chicken Mashed Potatoes Corn Gravy Dinner Roll Strawberries & 100% Juice	French Bread Pizza Sweet Potato Fries Cucumber Dippers Apple Grin Slices 100% Juice
	Waffle Cut Fries 3-Bean Chili & Cheese Seasoned Broccoli Dinner Roll Fruit Cocktail 100% Juice	WW Tortilla Seasoned Beef or Fajita Chicken Cheddar Cheese Sauce Brown Rice Refried Beans Salsa & Lettuce Orange Wedges & 100% Juice	Spicy Chicken & Waffles 8 Hash Brown Patty Cinnamon Carrots Fresh Strawberries 100% Juice	Cherry Blossom or Firecracker Chicken Oriental Blend Vegetables Steamed Peas & Carrots Honeydew & Cantaloupe Slices 100% Juice	Homemade Pizza Sweet Potato Fries Cucumber Dippers Fresh Blueberries with Whipped Topping 100% Juice
	Cheese Bites Marinara Sauce Garlic Knot Seasoned Broccoli Fruit Cocktail 100% Juice	WW Tortilla Seasoned Beef or Fajita Chicken Cheddar Cheese Sauce Brown Rice Refried Beans Salsa & Lettuce Watermelon Slices & 100% Juice	Early Release No Lunch Served	Pulled Pork On WW Bun Roasted Ranch Potato Wedges Baked Beans Watermelon 100% Juice	French Bread Pizza Sweet Potato Fries Cucumber Dippers Apple Grin Slices 100% Juice
	Italian Combo California Blend Vegetables Crisp Romaine Salad Garlic & Herb Breadstick Apple Grin Slices 100% Juice	Welcome Back! We are excited to be back in the kitchen and look forward to another nutritious year. Don't forget, we serve hot and cold breakfast every morning, too!			

- All meals include a minimum of 2 oz protein, 2 oz whole grains, 1 cup fruit, 1 cup vegetable, and 8 fl oz fat-free flavored milk or 1% unflavored milk
- Available daily: Chef Salad, Deli Sandwich, Pizza, Pasta, Hot Sandwiches & Wraps
- Menu subject to change as needed.
- WG=Whole Grain, WW=Whole Wheat
- This institution is an equal opportunity provider