



# FEBRUARY STONINGTON MIDDLE MENU

Breakfast: \$2.00  
Reduced Price: \$0.30  
Lunch: \$3.10  
Reduced Price: \$0.40



## - DAILY BREAKFAST CHOICES -

### Monday

Hot Breakfast  
Sandwich  
Assorted Baked  
Goods  
Chef's Choice

### Tuesday

Hot Breakfast  
Sandwich  
Assorted Baked Goods  
Pancakes  
Chef's Choice

### Wednesday

Hot Breakfast  
Sandwich  
Assorted Baked  
Goods  
Chef's Choice

### Thursday

Hot Breakfast  
Sandwich  
Assorted Baked Goods  
Yogurt Parfait  
Chef's Choice

### Friday

Hot Breakfast  
Sandwich  
Assorted Baked  
Goods  
Chef's Choice

1/30

#### **Grilled Cheese Sandwich**

Fries or Wedges  
Broccoli  
Fruit of the Day/Juice

1/31

#### **Chicken or Beef Tacos**

Black Beans  
Lettuce & Salsa  
Fruit of the Day/Juice

2/01

#### **Pasta w/ Meatballs**

Marinara Sauce  
Garden Salad  
Fruit of the Day/Juice

2/02

#### **Orange Chicken**

Veggie "Fried" Rice  
California Blend  
Veggies  
Fruit of the Day/Juice

2/03

#### **Choice of Pizza**

Assorted Veggie  
Dippers  
Hummus  
Fruit of the Day/Juice

2/06

#### **Brunch for Lunch!**

French Toast Sticks  
Egg OR Sausage  
Patty  
Hashbrown  
Fruit of the Day/Juice

2/07

#### **Fajita Chicken Nachos**

Refried Beans  
Salsa & Lettuce  
Fruit of the Day/Juice

2/08

#### **Mozzarella Sticks**

w/ marinara sauce  
Broccoli  
Fruit of the Day/Juice

2/09

#### **BBQ Pulled Pork Sandwich**

Steamed Veggie  
Medley  
Fruit of the Day/Juice

2/10

#### **Choice of Pizza**

Assorted Veggie  
Dippers  
Hummus  
Fruit of the Day/Juice

2/13

#### **Mini Cheese Ravioli**

w/ marinara sauce  
Garden Salad  
Green Beans  
Fruit of the Day/Juice

2/14

#### **Cheese Quesadilla**

Black Beans  
Salsa & Lettuce  
Fruit of the Day/Juice

2/15

#### **Chicken Alfredo Pasta**

Broccoli  
Fruit of the Day/Juice

2/16

#### **Chicken Tenders**

w/ Honey Biscuit  
Mashed Potatoes  
Corn  
Fruit of the Day/Juice

2/17

#### **Choice of Pizza**

Assorted Veggie  
Dippers  
Hummus  
Fruit of the Day/Juice

2/21

#### **Brunch for Lunch!**

Pancakes  
Egg OR Sausage Patty  
Hashbrown  
Fruit of the Day/Juice

2/22

#### **Pasta w/ Meat Sauce**

Broccoli  
Roasted Chickpeas  
Fruit of the Day/Juice

2/23

#### **Buffalo Chicken Ranch Loaded Tots**

w/ Dinner Roll  
Steamed Carrots  
Fruit of the Day/Juice

2/24

#### **Choice of Pizza**

Assorted Veggie  
Dippers  
Hummus  
Fruit of the Day/Juice



# SPS FOOD SERVICES



# MIDDLE SCHOOL

## BREAKFAST MEALS

INCLUDE 2 OZ WHOLE GRAINS, ½ CUP  
FRUIT, ½ CUP 100% JUICE, AND 1 CUP  
LOW FAT MILK

## LUNCH MEALS

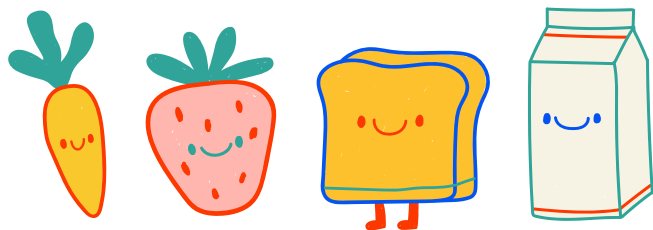
INCLUDE 2 OZ PROTEIN, 2 OZ WHOLE  
GRAINS, FRUIT, VEGETABLE, AND 1  
CUP FAT-FREE FLAVORED OR 1% MILK

Daily  
Alternate  
Choices:

- Bone Builder Boxes
- Assorted deli sandwiches
- PBJ/Fluff Sandwich
- Entrée Salads

## DIETARY MODIFICATIONS

WE WORK WITH FAMILIES ON A VARIETY  
OF DIETARY MODIFICATIONS INCLUDING  
VEGETARIAN, GLUTEN FREE, DAIRY  
FREE AND MORE!



CONTACT STEPHANIE.DEASON  
@STONINGTONSCHOOLS.ORG  
TO MAKE ARRANGEMENTS OR FOR ANY  
FOOD SERVICES RELATED NEEDS!

## FREE & REDUCED PRICE MEAL ELIGIBILITY

If you receive SNAP benefits or HUSKY you may already be  
directly certified through the state for free or reduced price  
meals. Check your primary school contact email for a  
notification letter by searching your mailbox for  
"School meals eligibility."

If you think you may qualify please submit a free/reduced  
price meal application which may be obtained on our  
website or at the school's office.

## ONLINE PORTAL:

<https://stonington.familyportal.cloud/>

Online payments, review  
purchases, and more!



[HTTPS://WWW.STONINGTONSCHOOLS.ORG/DEPARTMENTS/FOOD-SERVICES](https://www.stoningtonschools.org/departments/food-services)

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