

In accordance with LLHD and CDC guidance, Stonington Public Schools will shift from the ten day quarantine to the 7 day quarantine option effective Monday, October 25, 2021. Please use the attached **sample** calendar for guidance should your child need to quarantine due to an exposure.

Sample 7-Day Quarantine Option For Unvaccinated Close Contacts

Molecular (PCR) Test Required **NO EARLIER** than day-5

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Day 0 Exposure Date Quarantine upon notification	Day 1 Quarantine	Day 2 Quarantine	Day 3 Quarantine	Day 4 Quarantine	Day 5 <i>Quarantine OK To Test* PCR</i>
Day 6 <i>Quarantine OK To Test* PCR</i>	Day 7 **Test Result: Negative PCR *Send result to School Nurse <u>before</u> return	Day 8 Return to School w/ Neg PCR Test Result and <i>Symptom Free</i> ***	Day 9 Monitor Symptoms***	Day 10 Monitor Symptoms***	Day 11 Monitor Symptoms***	Day 12 Monitor Symptoms***
Day 13 Monitor Symptoms***	Day 14 Monitor Symptoms***					

*Test ***no earlier*** than 5 days after exposure. In order for results to be accepted, Test must be: Molecular **PCR** (home tests NOT accepted), **Download as PDF** so student's name, date of birth, date of test, type of test, and result are included. Recommended Test sites: www.LLHD.org

** Positive Test Result: Isolate, report to School Nurse and/or School Admin **ASAP**, and wait for instructions.

*** If symptoms develop, **DO NOT** send your child to school. Contact the School Nurse **ASAP**.

Please Note: This does not apply to interscholastic/CIAC sports- Please contact your child's coach for further questions regarding return to sports.