

Deans Mill School LEARN, INSPIRE, GROW TOGETHER

# DEAN'S MILL SCHOOL MENU

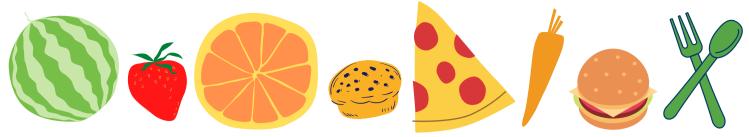
#### Meal Prices:

Breakfast: \$1.50 Reduced Price: \$0.30 Lunch: \$2.90 Reduced Price: \$0.40

Alternate Lunch Options Available Daily!

### - DAILY BREAKFAST CHOICES -

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
Hot Breakfast Sandwich Assorted Baked Goods Chef's Choice	Hot Breakfast Sandwich Assorted Baked Goods Pancakes Chef's Choice	Hot Breakfast Sandwich Assorted Baked Goods Chef's Choice	Hot Breakfast Sandwich Assorted Baked Goods Chef's Choice	Hot Breakfast Sandwich Assorted Baked Goods Chef's Choice
11/28	11/29	11/30	12/01	12/02
Wild Mike's Cheesy Bites w/ marinara sauce Broccoli Tater Tots Fruit of the Day/Juice	<b>Chicken Drumstick</b> Honey Biscuit Steamed Carrots Fruit of the Day/Juice	<b>Pasta w/</b> <b>Meatballs</b> Green Beans Fruit of the Day/Juice	Hamburger or Cheeseburger Steamed Carrots Baked Beans Fruit of the Day/Juice	<b>Choice of Pizza</b> Assorted Veggie Dippers French Fries Fruit of the Day/Juice
12/05	12/06	12/07	12/08	12/09
<b>Brunch for Lunch!</b> Chicken Tenders & Waffles Hashbrown Fruit of the Day/Juice	<b>Cheese Quesadilla</b> Black Beans & Corn Fruit of the Day/Juice	<b>Pasta w/</b> <b>Meat Sauce</b> Broccoli Fruit of the Day/Juice	<b>Chicken Patty</b> <b>Sandwich</b> Steamed Carrots Fruit of the Day/Juice	<b>Choice of Pizza</b> Assorted Veggie Dippers Hummus Fruit of the Day/Juice
12/12	12/13	12/14	12/15	12/16
<b>Mac 'n' Cheese</b> Green Beans Tater Tots Fruit of the Day/Juice	<b>Beef Soft Taco</b> Refried Beans Salsa & Lettuce Fruit of the Day/Juice	Pasta w/ Meatballs Broccoli Fruit of the Day/Juice	<b>Mini Corn Dogs</b> Baked Beans Sweet Potato Fries Fruit of the Day/Juice	<b>Choice of Pizza</b> Assorted Veggie Dippers Fruit of the Day/Juice
12/19 Grilled Cheese Sandwich French Fries	12/20 Fajita Chicken Nachos Salsa & Lettuce	12/21 Pasta w/ Meatballs Broccoli	<b>12/22</b> Chicken Nuggets Dinner Roll Mashed Potatoes	<b>12/23</b> Choice of Pizza Assorted Veggie Dippers



## SPS FOOD SERVICES - ELEMENTARY



INCLUDE 2 OZ WHOLE GRAINS, ½ CUP FRUIT, ½ CUP 100% JUICE, AND 1 CUP LOW FAT MILK

### LUNCH MEALS

INCLUDE 2 OZ PROTEIN, 2 OZ WHOLE GRAINS, FRUIT, VEGETABLE, AND 1 CUP FAT-FREE FLAVORED OR 1% MILK

Daily Alternate Choices: PB-Fluff-& J, Bone Builders

#### DIETARTY MODIFICATIONS

WE WORK WITH FAMILIES ON A VARIETY OF DIETARY MODIFICATIONS INCLUDING VEGETARIAN, GLUTEN FREE, DAIRY FREE AND MORE!



#### FREE & REDUCED PRICE MEAL ELIGIBILITY

If you receive SNAP benefits or HUSKY A you may already be directly certified through the state for free or reduced price meals. Check your primary school contact email for a notification letter by searching your mailbox for "School meals eligibility."

If you think you may qualify please submit a free/reduced price meal application which may be obtained on our website or at the school's office.

CONTACT STEPHANIE.DEASON@STONINGTONSCHOOLS.ORG TO MAKE ARRANGEMENTS OR FOR ANY FOOD SERVICES RELATED NEEDS!

https://www.facebook.com/SPSFoodServices



