

Monday

Tuesday

Wednesday

Thursday

Friday

4
Cereal
Fruit & 100% Juice
Milk

5
Chicken Sausage,
Egg, & Cheese
On WW Wrap
Fruit & 100% Juice
Milk

6
Fruit & Granola
Parfaits
100% Juice
Milk

7
Ham, Egg, & Cheese
Or
Egg & Cheese
On WG Bagel
Fruit & 100% Juice
Milk

1
Waffles
Fruit & 100% Juice
Milk

11
Cereal
Fruit & 100% Juice
Milk

12
Chicken Sausage,
Egg, & Cheese
On WW Wrap
Fruit & 100% Juice
Milk

13
Fruit & Granola
Parfaits
100% Juice
Milk

14
Ham, Egg, & Cheese
Or
Egg & Cheese
On WG Bagel
Fruit & 100% Juice
Milk

8
Waffles
Fruit & 100% Juice
Milk

15
Waffles
Fruit & 100% Juice
Milk

18
Cereal
Fruit & 100% Juice
Milk

19
Chicken Sausage,
Egg, & Cheese
On WW Wrap
Fruit & 100% Juice
Milk

20
Fruit & Granola
Parfaits
100% Juice
Milk

21
Ham, Egg, & Cheese
Or
Egg & Cheese
On WG Bagel
Fruit & 100% Juice
Milk

22
Waffles
Fruit & 100% Juice
Milk

25
Cereal
Fruit & 100% Juice
Milk

26
Chicken Sausage,
Egg, & Cheese
On WW Wrap
Fruit & 100% Juice
Milk

27
Fruit & Granola
Parfaits
100% Juice
Milk

28
Ham, Egg, & Cheese
Or
Egg & Cheese
On WG Bagel
Fruit & 100% Juice
Milk

29
*No School
Professional
Development Day*

- All breakfast meals include: 2 oz whole grains, ½ cup fruit & ½ cup 100% juice, and 8 fl oz low fat or fat-free milk
- Additional daily offerings change and may include: cereal, Nutrigrain bars, and assorted whole grain pastries or breads
- Contact Becky Fowler, Director of Food Services at becky.fowler@stoningtonschools.org with any questions or concerns

