BREAKFAST

JULY 2018

Stonington Public Schools Summer Menu

Breakfast served M-F at
Spellman Park from 8:15-9:00 am
or in SHS Café during inclement weather

Monday	Tuesday	Wednesday	Thursday	Friday
2 Cereal Bar or Cold Cereal 100% Fruit Juice Milk	**3** Blue Sky Bun Or Cold Cereal 100% Fruit Juice Milk	**4** ***Happy Independence Day!*** *No Program or Meals Served*	**5** 2 oz. Muffin Or Cold Cereal 100% Fruit Juice Milk	**6** Donut Stick Or Cold Cereal 100% Fruit Juice Milk
9 Cereal Bar or Cold Cereal 100% Fruit Juice Milk	**10** Blue Sky Bun Or Cold Cereal 100% Fruit Juice Milk	**11** Bagelfuls Or Cold Cereal 100% Fruit Juice Milk	**12** 2 oz. Muffin Or Cold Cereal 100% Fruit Juice Milk	**13** Donut Stick Or Cold Cereal 100% Fruit Juice Milk
16 Cereal Bar or Cold Cereal 100% Fruit Juice Milk	**17** Blue Sky Bun Or Cold Cereal 100% Fruit Juice Milk	**18** Bagelfuls Or Cold Cereal 100% Fruit Juice Milk	**19** 2 oz. Muffin Or Cold Cereal 100% Fruit Juice Milk	**20** Donut Stick Or Cold Cereal 100% Fruit Juice Milk
23 Cereal Bar or Cold Cereal 100% Fruit Juice Milk	**24** Blue Sky Bun Or Cold Cereal 100% Fruit Juice Milk	**25** Bagelfuls Or Cold Cereal 100% Fruit Juice Milk	**26** 2 oz. Muffin Or Cold Cereal 100% Fruit Juice Milk	**27** Donut Stick Or Cold Cereal 100% Fruit Juice Milk
30 Cereal Bar or Cold Cereal 100% Fruit Juice Milk	**31** Blue Sky Bun Or Cold Cereal 100% Fruit Juice Milk			

All meals include 2 oz whole grain, 8 oz. milk, ½ cup vegetable and/or fruit.
Meals available to children ages 18 & under or young adults ages 19-21 in verifiable continued education programs
WG=Whole Grain, WW=Whole Wheat